

Start your day
WITH A DIP

BREAKFAST

A delicious choice of
**WAKE-UP,
WARM-UP,
FILL-UP,
GET-UP-AND-GO...**



Holiday Inn



Continental Buffet £13.95

Freshly Made Pancakes American Style

Stack of thick fluffy pancakes – drizzle with runny honey and butter, top with fruit, or go North American with bacon and maple-flavour syrup

Today's Breads

White or brown fresh rustic bloomer toast, freshly baked bread roll, pave multi cereal bread

Pastry Selection

Croissant, pain aux raisins, pain au chocolat – all buttery and flaky

Classic Muffins

Rich chocolate, moist blueberry

Fresh Fruit Salad

Juicy and zingy, healthy and colourful

Dried Fruits, Nuts & Seeds

Dried fruits, naturally high in fibre

Fresh Fruit

Seasonal fruits – pick your own!

Yoghurt

Fruity favourites or plain natural

Cereal Selection

Granola, Muesli, Special K, Cornflakes, Rice Krispies, Weetabix

Cheese & Charcuterie

Emmental, Cheddar, Brie, ham, salami and turkey slices

Preserves & Spreads

Strawberry, low sugar blackcurrant & raspberry jams, orange marmalade, runny honey, maple-flavour syrup, Nutella, Marmite, butter and margarine

Oat Porridge

Good for heart and cholesterol health, made with semi-skimmed milk or soya milk, as you wish. Made to order please ask your server

Cooked Buffet £16.95

Eggs

Boiled to order (soft or hard) fried, or scrambled

Sausages – Traditional Pork or Cumberland

Simply grilled

Smoked Back Bacon

Freshly grilled

Grilled Bury

Black Pudding Slices

Button Mushrooms

Sautéed and fresh

Fresh Tomatoes

Browned under the grill

Baked Beans

High-fibre, high-protein

Sauté Potato

Golden brown


Breakfast Drinks

Fruit Smoothie – Cool, creamy, fruity thick-shake

Fruit Juice – Easy apple, freshly squeezed orange or tangy cranberry

Tea, Coffee or Hot Chocolate – Ask for our selection



 No Meat or Fish. Ask for allergy details. Prices include VAT.